

# LOCAL GREENS

farm - to - bowl



@localgreensuk

Every ingredient is traceable back to  
the people behind the produce

## Build Your Own Bowl

£8.50 base + Custom toppings

### Pick Your Base Choose one or two

Chopped romaine lettuce / Mixed baby leaf salad / Rocket /  
Green herbed wild rice / Spicy roasted quinoa / Giant couscous /  
Garlic and chilli cauliflower rice

### Choose Your Veg

Smacked cucumbers / Mixed cherry tomatoes / Roasted sweet potato /  
Butternut squash mash / Red cabbage and apple slaw / Mixed house pickles /  
Charred buttered corn / Courgette and green bean salad / Kimchi

### Add A Protein £4 Each

Charred harissa chicken / Miso-glazed salmon / Garlic and soy mushrooms /  
Garlic and thyme roasted chicken / Szechuan-roasted tofu /  
Chimichurri flank steak - served medium / Homemade falafel

### Add Cheese £1.5 Each

Crumbled feta / Parmesan / Baby mozzarella / Crumbled blue cheese

### Select Your Crunch

Crispy tortilla chips / Crispy onions / Sliced red chillies /  
Jalapenos / Flaked almonds / Lime wedge / Parmesan crisps /  
Honey-roasted crushed nuts / Chopped herbs / French bread croutons

### Dress It Up

Green goddess / Sesame soy / Tahini / Apple honey mustard / Hot sauce /  
Honest Toil unfiltered extra virgin olive oil / Isle of Wight balsamic /  
Lime, cilantro and jalapeno / Spicy cashew / Chimichurri

### Extras £1.5 Each

Flatbread / Half avocado / Tea-stained soft-boiled egg